



NORSACA
quality of life for people with autism

13 October 2009 - For Immediate Release

More Support for Adults with Autism

Autism charity NORSACA is pleased to announce the opening of Mundy Street in Heanor, a new centre for adults and young people with autism.

The centre is based on the site of the Mundy Street School and has been renovated to an extremely high standard. Autism-friendly improvements include filters on all of the lights to hide the flickering which can be unsettling or even painful for people with autism.

Julie Briggs, Manager of Mundy Street said "This is a wonderful new site. It's great to have so much more space. A group of people can work in the Mundy Street kitchen whereas just 2 people would have been on top of each other in the kitchen at our previous site."

The centre helps people to develop the day to day life skills that many of us take for granted. Activities offered include cookery, pottery, gardening, work experience and a personal and social education group which helps people practice useful skills such as managing money and reading timetables.

In addition, the staff at Mundy Street also organise external activities such as horse riding, badminton, swimming and walks in the local area.

Student Scott Hancock, from North Wingfield, said "I'm happy here – I like it".

For more information on the work of NORSACA please visit www.norsaca.org.uk.

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Note to Editors:

NORSACA (Nottingham Regional Society for Adults and Children with Autism) is a registered charity (No. 517954) and a company limited by guarantee (No. 2053860). The Society was started on the initiative of a group of parents in 1968 and today is still led by the parents and friends of people with autism.

Each year NORSACA delivers services to over 500 people with autism, or affected by autism. The people who benefit from NORSACA's work principally come from the East Midlands and South Yorkshire.

Autism is a complex, life-long disability which affects the development of communication, social and life skills.

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