

NORSACA
quality of life for people with autism

Annual Review 2011



■ Chairman's Report

As was reported in last year's Review, NORSACA made a significant financial loss in 2009/10. Fortunately, and with much hard work by the Executive Management Team and all of the staff, I am pleased to report that the financial year 2010/11 has seen a substantial improvement in our financial position with our cash flow problems addressed, the Society returning to a surplus and a successful strategy implemented for rebuilding our reserves over the next three years.

It would be easy to conclude that the financial challenges are now over but I expect that further demands will be made on the Society as local authority cuts work through the system. We have already experienced some pain with the Whitegates College contract for Portland College ending in September 2011. This is a great disappointment for NORSACA and Whitegates College students, parents

and staff, given the promise we foresaw for the venture with Portland College at the beginning of the academic year. Fred Parsons and his staff have worked diligently to transition the students to the new organisation and are urgently developing plans for a new day service to utilise the excellent FEU facilities.

However, there is much to celebrate in the past year as a look through the following pages will quickly indicate. The Review highlights a host of achievements from the Sutherland House outstanding Ofsted report to the expansion of our Outreach Services.

Membership of the Council of Management has undergone some changes during the past year. Steve Pearce, after many years service as a Trustee, decided not to stand for re-election at the last AGM but has, fortunately, continued as a member of

AYPS Management Committee. Steve's solid business experience and practical approach to life will be greatly missed on the Council. We will also be losing the expertise of both Judy Bateman and Richard Reeve who have signalled their wish not to continue as Trustees after this year's AGM. Both of them have brought much experience to the running of a charity and considerable knowledge of ASD. We wish Judy and Richard all our best wishes. Happily, we have gained the services of Phil Stead who was co-opted at the last AGM. As ever, I would be pleased to hear from anyone with talent or professional expertise who would be willing to serve as a NORSACA trustee.

Overall 2010/11 has been a successful, albeit challenging, year for NORSACA. The Council of Management and the Management Committees join with me in expressing our gratitude to all of the Society's staff for their contribution during this time. We still have much to do and much to learn but in the meantime I thank you for your continuing support.

Keith Doble

Chairman of Council of Management

■ Our Vision

A world which recognises, understands and values people with autism, and where they and their families receive the services and support they need through their lives.

■ An Overview of 2010-11

The following is a short summary of NORSACA's activities and achievements during the 2010-11 financial year.

- The Elizabeth Newson Centre provided 29 assessments of children with communication difficulties
- Educated 92 pupils at Sutherland House School. The school received an 'Outstanding' result from an Ofsted inspection
- 38 students attended Whitegates College
- Children and Young People's Services provided outreach to 2 families, the Home Support Service to 10 families and co-ordinated a parents and carers group
- Homes were provided for 47 residents in Whitegates, Carlton Road, Beechwood, The Poplars, Park Place and Linby Drive
- 11 tenants were supported in rented accommodation at Windsor Close and Hill Top
- 38 families received outreach support from Adult and Young People's Services
- Provided 106 day services placements, operating from Mundy Street, Raines Avenue, Hamilton Lodge and Tall Trees
- Children and Young People's Services staff provided 34 training courses for professionals and parents
- Adult and Young People's Services Training Department ran 144 courses over the year and delivered training to external agencies, including the Family Community Team at Nottingham City Council and Nottingham Mencap
- Family Services co-ordinated and supported 28 training courses and workshops for professionals and families
- The annual siblings' group supported 12 children, with 48 children attending the summer play scheme
- Our telephone advice service provided help and support to 250 parents and carers
- Play and leisure services supported 240 children and young people to access 10,000 hours of activities, as well as 480 overnight stays. This included 130 new children in the service
- The specialist counselling service saw 26 people, of whom 10 attended for regular counselling sessions (80 sessions)



Lewis Mitchell receiving an outstanding achievement award at the play and leisure awards night in May 2010

■ Our Mission

To advocate, provide and develop high-quality services, information, and support, in partnership with others, for all those whose lives are affected by autism. To recognise and respond to the needs of the individual, enabling people with autism to live their lives with dignity, choice and independence.

■ Our Strategic Objectives

Objective 1: To continue to extend and improve the range of services provided by the Society to people with autism

At Sutherland House School, the 14-19 curriculum has been revised to take the Foundation Learning requirements into account. New Accreditation Schemes have been introduced to support this, allowing students to build up credits towards awards, certificates or diplomas.

All three areas of Adult and Young People's Services developed and

enhanced their capacity with increased numbers of places in each area.

Family Services continues to support a regular monthly drop-in session for parents and carers at Tall Trees Day Service, Retford.

We also gained capital funding to extend the sensory / outdoor provision at Tall Trees and Raines Avenue sites, for future development of out of hours services for children, young people and their families in Bassetlaw.

Objective 2: To develop high quality services through strategic partnership working

Sutherland House School continued to develop links with Castle College, South Notts College, New College Nottingham and Bluecoat School, further extending opportunities to access a wide range of accredited courses. Children and Young People's Services worked proactively with Local Authorities at a strategic level during the current financial and resourcing uncertainties. The contract for Further

Objective 4: To create a financially robust organisation, with sufficient income and reserves to sustain and develop our services

Sutherland House Children and Young People's Services has worked closely with the Finance Manager and Director of Strategic Business Development to track budgets and identify appropriate efficiency savings to ensure the provision of high quality services within the context of the current economic climate.

Financial performance in Adult and Young People's Services was

significantly improved with efficiency measures and cost controls implemented across the service, resulting in overall financial gains.

Family Services' provided regular self-funding workshops for parents and carers as part of the termly provision of parent programmes and workshops. Family Services also increased the capacity of the Play and Leisure Services through 'Aiming High' funding from Nottingham City Council and Nottinghamshire County Council.

Objective 5: To develop robust governance and management structures

The Ofsted Report in March 2011 judged as outstanding the effectiveness of the school's Governing Body in challenging and supporting the school so that weaknesses are tackled decisively and statutory responsibilities met.

Re-organising Outreach Services has strengthened the management structure in Adult and Young People's Services. It now provides a streamlined, cost effective service

Education for 25 learners at Whitegates College was delivered through strategic partnership working with Portland College. Unfortunately this partnership ended in August 2011. This has given NORSACA the opportunity to launch the NORSACA Work and Learn Centre operating from this site. Partnership working between Adult and Young People's Services and the NHS provided speech and language therapy training and support. The partnership with Nottingham Community Housing Association was strengthened with the continuation of residential provision at Linby Drive.

meeting the needs of all users. The Adult and Young People's Services Management Committee consolidated its position by setting meeting agendas, alternating between Business and Information, which allows members to focus on more specific issues and to interact with managers.

The Whitegates College Governors held several development days over the year, assigned areas of responsibility to individual members and aligned governance procedures with Portland College by undertaking a self assessment exercise.

Objective 3: To ensure the continued improvement of all areas of the Society's work through the adoption of recognised and validated procedures for quality assurance

Sutherland House had a second 'Outstanding' Ofsted judgement in March. The report highlighted that the school's ethos 'places the pupils at the heart of every decision made and every lesson taught'. The school was also reviewed by the National Autistic Society Accreditation Programme. This highlighted areas of strength in

Objective 6: To raise the profile of the Society and communicate our aims, values and achievements to stake holders and the wider community

Representation on the Autism Trust's Steering Group and Advisory Panel gives opportunities to communicate our aims and influence policy and practice nationally. The Elizabeth Newson Centre and the National Autistic Society hosted a major national conference sharing good practice in the diagnosis and education of children with PDA. Adult and Young People's Services areas updated their publicity leaflets, reinforcing the Society's

behaviour monitoring, pupil voice work and supporting sensory issues. The work undertaken in supporting emotional needs and maintaining the outstanding standard of practice was commended.

Through Adult and Young People's Services, the Society registered with the Care Quality Commission under the Health and Social Care Act and will be monitored by them for quality and safety standards. NORSACA's Quality Networks Review process continued through BILD, with five of the areas assessed being ranked as excellent.

corporate image. Promotional activities also increased with representation at transition information events and school open days.

A successful art exhibition was held at Thoresby Gallery. Notts County Football Club hosted an extremely successful awards evening celebrating the achievements of the young people attending our Play and Leisure activities. Over 40 media articles during the year featured NORSACA.

NORSACA has become the fourteenth member of the Autism Alliance UK.

Children and Young People's Services

"Last year I played football with my red team. We had to practise passing to each other and scoring the goal. My team are Kristian and Becky in my group and some students from Falcon House and Harby Lodge.

Me and my team challenged the green and white striped team. They were from a different school. We also challenged the blue team.

At the end of the tournament we all got medals for trying very well. Me and my group enjoyed playing football and did very well."

Stevie Watson



PDA Research, Conference and Publications

The Elizabeth Newson Centre and Sutherland House have played a big part in what has been a busy year in the development of our understanding of Pathological Demand Avoidance syndrome (PDA). PDA was first identified by Professor Elizabeth Newson and, following many years of clinical and research work, is now increasingly being identified as part of the autism spectrum.

In January a major national conference was hosted by the National Autistic Society and NORSACA in London. The conference was over-subscribed with 450 delegates and it is to be repeated in Manchester in November 2011. Speakers at the conference included

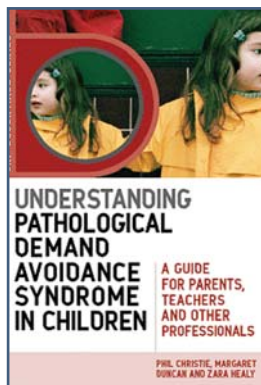
Phil Christie and Ruth Fidler from Sutherland House School, together with Margo Duncan (National Co-ordinator, PDA Contact Group) and Professor Francesca Happé and Dr Judy Gould.

Over the course of the year, the Elizabeth Newson Centre has been collaborating with Francesca Happé and her team from the Institute of Psychiatry, who are conducting research on PDA and its relationship with other developmental difficulties.

All of these developments will culminate in the publication of a book about PDA to be published by Jessica Kingsley in September 2011, which brings together a number of years of parental and professional experience.

Upper School Pantomime – Little Red Riding Hood

In the Autumn Term Upper School students began preparing for a pantomime production that took place on Wednesday 2nd February 2011. All the students were involved in props, costume and scenery making. Those who chose to also had parts in the performance itself. The pantomime took place at The Pearson Centre for





Young People in Beeston, and all the students coped really well with the unfamiliar environment, and travelling to and from the centre for final rehearsals.

The students experienced all aspects of putting on a performance from auditioning for the roles they wanted, to designing ideas for props and costumes, and voting for their favourites that then appeared in the show. One student composed a piece of music for the 'fight' scene, and another performed a vocal and keyboard solo.

The performance itself was a great success, and the cast really rose to the occasion. The hall was full of proud parents, friends of the school, Upper and Lower School students, including some former students who attended from their adult placements. Huge congratulations and thanks go to all students and staff who worked so hard to make the show such a success, and all students should feel rightly proud of their role in this. Thank you also to everyone who came to watch (and supported with line learning at home!) The next Upper School production will be coming to a venue near you soon... Oh yes it is!

A proud moment for Georgina Louise Jagger, from class 7 at Carlton. She was awarded a 'Talent for Writing' certificate for her story 'Night of the Living Doll'. The story will be published in 'Mini Sagas - Creative Capers, East Midlands'.

This will be kept at the British Library and further libraries across the UK and Republic of Ireland, providing a lasting record of her achievement.



■ Adult and Young People's Services

One of the significant changes this year has been the re-launch of Outreach Services. The Outreach Service has taken a very different approach to the way it is now organised.

Two small teams of four support workers now schedule the service provision between themselves. They have looked at the service from the point of view of Service Users, which has resulted in improvements in the lives of the individuals concerned. Positive feedback from parents indicates their satisfaction with the new arrangements:



Louise relaxing in the newly refurbished Hogarth House

"I would not be without Outreach as it allows us to have some quality time without stress and Gemma is happy to go with any of the girls, we never worry when she is out with them."

E B, parent

"I think the Outreach Service is fantastic. I don't know what I would do without it. Jeff really enjoys going out with Darren and would soon get fed up and isolated if he couldn't go."

J H, parent

Another major achievement has been the refurbishment of Hogarth House in Heanor. The facilities are designed to provide support to meet a range of needs for adults and children using the centre as a base for community access or for activities provided there. The facilities are currently accessed by service users from Outreach, Mundy Street Day Services, Windsor Close, Linby Drive and Beechwood.

The new day services facilities at Raines Avenue, Tall Trees and Mundy Street increased capacity and attendance at all three sites.

Service user study group – Members of the Service User Study Group at the staff training session.

The Service User Study Group, formed in 2007, provides a forum for Service Users in which they can share their experiences and opinions with others. A recent achievement of the group was devising an ID card, to explain the nature of autism as a condition and how to respond in an emergency.

"The ID card helps anyone if they get into difficulties, they are able to sort themselves out again."

Mark

One member of staff stated:

"I feel this has probably been the best training session I have encountered and feel very lucky and appreciative that the group invited us into their environment."

Over the last year, increasing demand for training courses lead to training events being full to capacity and



additional courses being requested. Additionally, the Training Department has organised a number of internal management development days and some of the topics covered have included PowerPoint training, the manager's role in motivation, and health and social care regulation.

Training has also been delivered externally to a number of other organisations including:

- Wycar Leys Care Home, Nottingham
- Kelford School, Rotherham
- Better Lives, NCHA
- The Family Community Team, Nottingham
- Mencap, Nottingham

Through its valuable work with the Joint Consultative Committee, HR has supported such topics as staff motivation, financial efficiencies and setting up a staff suggestion scheme.

Underpinning all the operations of Adult and Young People's Services is the Administration Team. The team's head, Dawn Gallagher, is a member of the Adult and Young People's Services Senior Management Team and her team comprises nine Administration



John Cadwallader receiving the 'Student of the Year' Award from our Patrons, Nick and Karen Wilkinson at the Whitegates College Awards Day in July 2010.

Officers, based at various locations throughout the service.

The team's wealth of knowledge and experience provides excellent support for:

- HR, including staff recruitment
- Finance and budget support
- Training, with course bookings and course organisation
- Payroll
- Support to the Senior Management, Whitegates Management Committee, Whitegates College and its Governors, Outreach and Domiciliary Services

- Participation in development opportunities

All members of the team contribute to the smooth running of the Admin Team which is essential in ensuring the efficiency of Adult and Young People's Services.

Unfortunately, in August 2011, the partnership with Portland College to provide Further Education to 25 learners at Whitegates College ended. An exciting new venture, the NORSACA Work and Learn Centre will be operating from this site from September 2011 onwards.

■ Snapshots from around NORRSACA

Raines Avenue

The last twelve months have been a very busy and productive time for the 19 Service Users and staff involved in the Enterprise Unit at Raines Avenue, Worksop.

The horticulture project has expanded, with the acquisition of a larger poly tunnel which has extended into the next allotment, allowing the project to develop and progress. This was partly funded by a much

appreciated donation from the Wilkinson Helping Hands Charity and from the revenue generated from selling produce last year.

The project also helps develop links with the local community, as many of the neighbours are good customers for the garden produce.

At the Enterprise Unit, the majority of sessions are based around maintaining a healthy and productive

lifestyle. Many of the Service Users are members of the local leisure centre and participate in work placements in and around the local area.

At a service review meeting last October, the Service Users were asked what was important to them:

“Being helpful, good team work, being treated like adults, making friends, feeling safe, being happy and trying new things.”

Whatever the activity, emphasis is always placed on developing communication, social skills and interaction and, most importantly, having fun.

Art Exhibition

In October, wonderful artwork produced by students from Sutherland House School and Whitegates College was exhibited at Thoresby Gallery, near Newark. The costs of the Art Exhibition were kindly met by the Big Lottery Fund’s Awards for All scheme.



Jack Swain with his artwork at our Art Exhibition

The exhibition was a wonderful way to promote the successes, achievements and abilities of the artists and NORRSACA. The art exhibition was so successful that the gallery extended the exhibition for another week, free of charge!



Tom at his work placement at Argos, Worksop.

Here I am talking to the curator



Wednesday activity group – Mundy St, Heanor

“On our Wednesday activity group we chose to visit the ruined castle called Tutbury. We had a look round, and we discovered the courtyard.

We asked the curator some questions about the castle. There were two people dressed in Tudor style clothes. The curator explained to us about the famous people that occupied the castle.

Then we climbed up the castle. The view was banging. We saw the countryside horizon. In the opposite direction, we saw the suburbs. Overall we had a great time.”

Dan Potts



Filming for the People's Millions at the Carlton site of Sutherland House School

People's Millions

Last year we were one of the finalists in the People's Millions competition run by the Big Lottery Fund and ITV. We entered to win £50,000 towards the costs of a new playground for the Carlton site of Sutherland House School.

In November, a film of members of the Student Council talking about the film was shown head to head with another project as part of the ITV Central Evening News programme. The public were invited to vote for

which project they would like to see win the money.

The next night, the results were broadcast live from the Carlton site of the school - the fantastic announcement was that we had won!

We'd like to say a huge thank you to everyone who voted for us and encouraged their friends / family and colleagues to vote for us too – thank you so much!

■ Central Services

Central Services provides fundraising, marketing and finance support to the rest of NORSACA and acts as a central location for meetings. Central Services is based at Park Hall Autism Resource Centre in Bestwood Village.

The main functions carried out in Central Services are:

- Supporting our members with information such as the newsletter
- Supporting our Council of Management in a number of ways including arranging, preparing for and minuting meetings
- Providing information on autism and services provided both by ourselves and others to the general public and professionals
- Ensuring our legal requirements are met
- Finance functions such as raising invoices, paying staff and suppliers, preparing management information and monitoring budgets

Park Hall has two large meeting rooms which are used by NORSACA and Nottinghamshire County Council for:

The drumming workshop at the Autism, Play and Leisure conference



- Training
- Conferences
- Other meetings and events

Over the year these rooms have been used for a number of events, including:

- A transition event, which also featured the launch of an online directory of services across Nottinghamshire for adults with autism. The directory was developed by Nottinghamshire County Council with support from NORSACA and the NAS
- Courses for adults and carers

including 'An introduction to PDA' and 'Supporting young people with personal relationships'

- Regular training sessions for both NORSACA staff and those from other organisations

In addition, Central Services staff and Family Services staff co-ordinated a conference on Autism, Play and Leisure held at the ICCA on Hucknall Road, Nottingham on 16th April to mark World Autism Awareness Day. The workshops at the conference included drumming, music therapy and information on including risk in play.

Family Services

Promoting Family Services and NORSACA across the region.

Family Services is best known for providing direct support to families, through offering telephone advice as well as other community based projects such as Play and Leisure Services, Parent Workshops, Siblings Group and Counselling Service. We also send out many hundreds of information packs from Park Hall each year. You may also have seen Family Services staff out and about at a number of diverse events throughout the year.

We receive many requests and opportunities to promote Family Services and NORSACA across the region. As well as our own NORSACA events, we also provide displays and literature to other events such as information days and disability awareness displays. These opportunities enable us to:

- Meet directly with parents & carers
- Promote NORSACA and our services
- Provide updates and information on all NORSACA service areas
- Give NORSACA a visible presence in the region

- Raise the profile and knowledge of autistic spectrum conditions
- Act as a signpost for information about a range of services
- Receive feedback directly about the services we provide

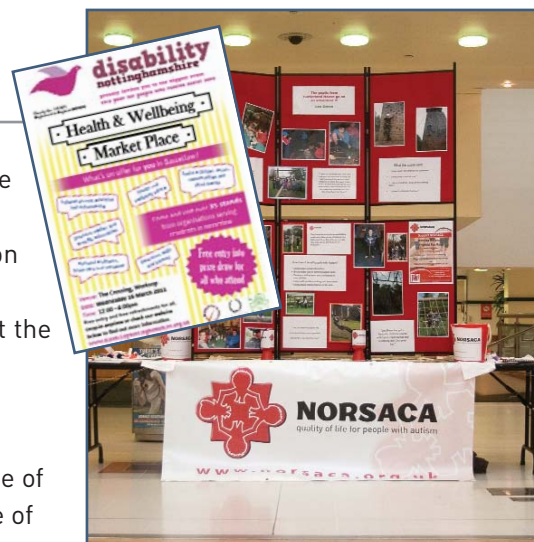
We attend statutory and voluntary sector events which provide a range of information about services that are of help to parents/carers and professional staff. Feedback from parents/carers about these events has been very positive and helps us to better plan and develop quality materials for our services.

“Useful, a great insight into what’s available and accessible to people with autism and their carers”
NORSACA Transition event

We look forward to seeing you at an event soon, so look out for us in your area during the coming year.

Events Supported by Family Services 2010/2011

- **April 2010** - NORSACA Play Conference: Nottingham City
- **April 2010** - NORSACA Transition Event: Bestwood Village
- **May 2010** - Disability Nottinghamshire Market Place



- Events: West Bridgford/Mansfield
- **June 2010** - Rosehill School Transition Event: Nottingham City
 - **June 2010** - APTCOO Parent & Carer Information Day: Mansfield
 - **November 2010** - NORSACA Transition Event: Worksoop
 - **November 2010** - Disability Nottinghamshire Market Place Event: Worksoop
 - **February 2011** - Portland College Information Day for New Parents/Carers: Mansfield
 - **March 2011** - Radcliffe Junior School Parent Event: Radcliffe on Trent
 - **March 2011** - Disability Nottinghamshire Market Place Event: Worksoop
 - **March 2011** - Derbyshire Link Asperger & Autism Events: Swadlincote/Bakewell

■ Fundraising & Communications

Applications were submitted this year for funding for projects across NORSACA. The projects included refurbishing rooms used by the Outreach Service, playground equipment for the Harby Lodge site of Sutherland House School, a new playground for the Carlton site of the school, our annual siblings group, the costs of residential trips to Lea Green Outdoor Education Centre and the Dreams to Memories Fund.

The Dreams to Memories fund was set up to financially support people accessing Adult and Young People's Services who are in need of a holiday or outing and cannot fully afford one. The fund has helped two people go on holiday this year; to Blackpool and Disney World in Florida.



NORSACA volunteers, members of the Hemlockstone Lions Club and Councillor Jacky Williams at the Christmas collection in Beeston

This year we also received the second donation of three from BBC Children in Need towards our annual summer play scheme.

Throughout the year our supporters, members and friends were busy raising funds for our work, for which we are extremely grateful.

We were selected as charity of the year by both the Lady and Men's Captains at Mapperley Golf Club. During the year the club raised over £5,000 through a number of events and competitions.

Phil McDermott ran the gruelling Kilomathon (a 26.2km run) in Derby in March raising almost £700.

Parent Rob Jennings, AKA the Soul Man, organised a night of soul, Motown and disco at the Diamond Club in Sutton in Ashfield, which raised over £600. Students from Nottingham Trent University's School of Education were jumping for joy after taking part in a 10 hour trampolining marathon to raise funds.

The Lord's Taverners in the East Midlands presented a new minibus to Becky Butterfield, assistant head teacher at the Ravenshead site of Sutherland House School at their Christmas lunch.

Other events included:

- Bag packing at Marks and Spencer in Nottingham for World Autism Awareness Day which raised over £1,000
- A street collection in Beeston organised by the Hemlockstone Lions Club which raised £600

We would like to thank everyone who has supported us over the year, through making donations, organising sponsored events and helping out at street collections and other events.

In addition to the TV coverage of the People's Millions (see page 9 for more information), stories about fundraising events, our Awards Night, sculptures produced with Bassetlaw Museum and our art exhibition appeared in the local and regional media over the year.

Supporters

NORSACA is grateful for the generous support received from individuals, charitable trusts, companies and community organisations through volunteering, donations of goods and money and sponsorship.

Our supporters included:

- BBC Children in Need
- Boots
- Boshier-Hinton Foundation
- Big Lottery Fund - Awards for All
- Bravissimo
- Calverton Miners Welfare
- Coutts Charitable Trust
- De Vere Masonic Lodge
- E.ON plc
- Eazyfone Group
- Ernehale Townswomen's Guild
- First Data, Nottingham
- J N Derbyshire Trust
- Jessie Spencer Trust
- Land Registry
- Liberal Club, Clowne
- Lynn Foundation
- Mapperley Golf Club
- Melton Mowbray Building Society Charitable Foundation
- NatWest Community Fund
- Newstead Mark Lodge
- Nottingham Girls' High School
- Park Hospital
- Rothera Family Charity Trust
- RS Brownless Charitable Trust
- RSM Tenon
- Sir Arthur Black Trust
- Sir John Eastwood Foundation
- Sir John Sumner's Trust
- Sir Jules Thorn Charitable Trust
- Souter Charitable Trust
- Thames Wharf Charity
- Trent RAG
- Tuxford School
- Victoria Centre
- Yorkshire Building Society Charitable Foundation



Rob Jennings at his fundraising event



Members of staff from Whitegates College who did the three peaks challenge in June 2010. The event was sponsored by friends, parents and Clowne Liberal Club and raised over £900 which was used to buy sensory equipment for the college.

■ Treasurer's Report 2011

The purpose of this report is to provide some background and context to the figures that you will see in the 'Statement of Financial Activities' section of this Annual Review. The accounts have been audited by NORSACA's auditors, MacIntyre Hudson LLP and have been discussed by the Council of Management and the Business and Finance Management Committee. Copies of the accounts are available to members of NORSACA from its registered office. NORSACA would like to thank MacIntyre Hudson LLP for their hard work and diligence in preparing the accounts and also many thanks to our own Finance Department for their usual sterling efforts.

The 2010/11 financial year saw services respond positively to the challenges that faced them as a result of the well-documented global economic crisis and the specific financial issues that faced NORSACA as a result of the previous year's financial performance. Despite the economic climate, income levels grew by more than 5% and services worked hard to reduce expenditure by almost 1.5%. This created a surplus of

£411,240, a considerable improvement on the deficit of £370,705 that was generated in 2009/10.

In Adult and Young People's Services, both Day Services and Residential Services performed above expectations to post healthy surpluses. Whitegates College also delivered strong results following commencement of a new contract with Portland College. Unfortunately, this partnership has now ended. Supported Living Services had another challenging year that was reflected in their financial performance. However, considerable work has been, and will continue to be, undertaken in order to address the operational issues.

Children and Young People's Services also exceeded expectations, in terms of the number of pupils receiving an education, which was reflected in a healthy financial performance. It was very encouraging and bodes well for the future that the school was near to capacity in the academic year and, although ten pupils are set to leave us at the end of this academic year, we are confident of the numbers building up again quickly.

Following last year's difficulties, NORSACA's Council of Management set a target of having approximately one month's operating costs, the equivalent of £1million, in free reserves by the end of the 2012/13 financial year. At the end of 2009/10 that amount stood at a deficit of £1,353. However, due to the much improved performance for 2010/11 and the inclusion of the value of Ravenswood, which was sold in August 2011, free reserves at 31st March stood at £985,693.

This is an excellent result considering the considerable financial pressures faced by many businesses and on behalf of all NORSACA's Trustees, I would like to congratulate and thank NORSACA staff for all their hard work and dedication. However, and unfortunately, this is not a time for complacency – challenges still remain and NORSACA must remain focused on its financial performance to ensure all continues positively for the future.

Matt James

Honorary Treasurer

Statement of Financial Activities

The following is an extract from the financial statements for the year ended 31 March 2011 and may not contain sufficient information to allow a full understanding of the affairs of the Society. The full financial statements may be obtained from Park Hall Autism Resource Centre, Park Road, Bestwood Village, Nottingham, NG6 8TQ.

	Unrestricted Funds (£)	Restricted Funds (£)	Total 2011 (£)	Total 2010 (£)
INCOMING RESOURCES				
Generated funds:				
Donations	12,722	44,833	57,555	105,196
Grants	-	8,798	8,798	80,198
Subscriptions	2,678	-	2,678	1,053
Investment income	12,571	4	12,575	16,544
Charitable activities:				
Grants	-	151,689	151,689	178,834
Provision of services	11,689,743	-	11,689,743	10,923,496
Other incoming resources:				
Other income	61,043	97	61,140	62,216
TOTAL INCOMING RESOURCES	11,778,757	205,421	11,984,178	11,367,537
RESOURCES EXPENDED				
Costs of generating funds	38,399	-	38,399	38,608
Charitable activities	11,316,608	182,215	11,498,823	11,667,507
Governance costs	35,716	-	35,716	32,127
TOTAL RESOURCES EXPENDED	11,390,723	182,215	11,572,938	11,738,242
Net incoming/(outgoing) resources before transfers	388,034	23,206	411,240	(370,705)
Transfers between funds	33,079	(33,079)	-	-
Net movement in funds for the year	421,113	(9,873)	411,240	(370,705)
Total funds brought forward	2,817,427	199,383	3,016,810	3,387,515
Total funds carried forward	3,238,540	189,510	3,428,050	3,016,810

Balance Sheet at 31st March 2011

	2011 (£)	2010 (£)
FIXED ASSETS	3,877,013	4,419,075
Tangible assets		
CURRENT ASSETS		
Current asset investments	387,774	-
Debtors	1,435,959	1,301,067
Cash at bank and in hand	186,567	1,349,378
	<u>2,010,300</u>	<u>2,650,445</u>
CREDITORS:		
Amounts falling due after one year	(892,236)	(2,598,532)
NET CURRENT ASSETS	<u>1,118,064</u>	<u>51,913</u>
TOTAL ASSETS LESS CURRENT LIABILITIES	<u>4,995,077</u>	<u>4,470,988</u>
Creditors: Amounts falling due after one year	(1,567,027)	(1,454,178)
	<u>3,428,050</u>	<u>3,016,810</u>
CAPITAL AND RESERVES		
Restricted funds	189,510	199,383
Other retained funds	3,238,540	2,817,427
TOTAL FUNDS	<u>3,428,050</u>	<u>3,016,810</u>

■ Council of Management – March 2011

- **Patrons:** Sir Norman and Lady Adsetts, Elizabeth and the late John Newson, and Nicholas and Karen Wilkinson
- **Chairman:** Keith Doble
- **Vice-Chair:** Margaret Reeve
- **Hon. Treasurer:** Matt James
- **Additional Members:** Judith Bateman, Owen Gray, Margaret Lyons, Thomas Madar, George Paechter, Richard Reeve, Jon Shenton, Ken Udall, Rev. Philip Stead (co-opted)
- **Director of Children and Young People's Services:** Phil Christie
- **Director of Adult and Young People's Services:** Fred Parsons
- **Director of Strategic Business Development:** Phil Carpenter
- **Principal of Sutherland House School:** Maria Allen
- **Finance Manager and Company Secretary:** Karen Braithwaite

■ Our Contact Details

Children and Young People's Services

272 Longdale Lane
Ravenshead
Nottinghamshire NG15 9AH

■ T: 01623 490 879

■ F: 01623 794 746

■ E: ravenshead@sutherlandhouse.org.uk

Adult and Young People's Services

Eastwood House
10 Mill Street, Clowne
Derbyshire S43 4JN

■ T: 01246 810 101

■ F: 01246 810 207

■ E: info@norsaca.org.uk

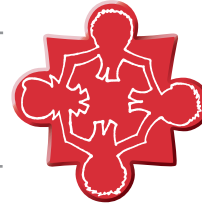
Society Office (Central and Family Services)

Park Hall Autism Resource Centre
Park Road, Bestwood Village
Nottingham NG6 8TQ

■ T: 0115 976 1805

■ F: 0115 976 1356

■ E: advice@norsaca.org.uk



NORSACA
quality of life for people with autism



www.norsaca.org.uk

NORSACA is the working name of the Nottingham Regional Society for Adults & Children with Autism, a registered charity, no. 517954, and a Company Limited by Guarantee, registered in England, no. 2053860.

