

NORSACA
quality of life for people with autism

Annual Review 2009



■ Chairman's Report

Welcome to this year's edition of the NORSACA Annual Review. It is the eighth year I have had the honour of writing the Chairman's report. In 2001-02 our turnover was £4.9 million, this year it is close to £12 million; a near 2½ times increase. A small fraction of this increase is attributable to inflation but in the main it is a measure of the Society's increasing level of services and support to people with autism and their families. Some would say a charity should not measure its performance in financial terms. I have some sympathy for this view, but as you will see from the pages that follow there is a wealth of achievements, demonstrating the increasing range and quality of NORSACA's services.

The opening of Harby Lodge, refurbishment at Raines Avenue and the acquisition of new facilities at Heanor and Retford for adult day services and the continuing success of Whitegates FEU are all notable achievements representing a very real increase in NORSACA capacity. New ventures with the appointment of a Play Co-ordinator and the extension of outreach services to children in Derbyshire under the Aiming High initiative are splendid examples of NORSACA at its best. Our 40th

birthday delivered tangible milestones for the Society in terms of events and major conferences. Last year we said that *enrichment* was the appropriate word to characterise NORSACA's year and for 2008-09 I think we can say the same, probably coupled with the phrase *moderate growth*.

For 2009-10, and probably for some time beyond, the UK economic outlook remains uncertain. As a result, we will proceed with great caution in our development plans until the future level of central and local government budgets is known with more confidence.

In contrast to these positive achievements, we experienced a sad loss in January with the sudden death of Hartley Humphreys after a short illness. Hartley joined us in early 2006 as Director of Finance, Business Development and Administration and immediately set about strengthening the Society's financial systems and exploiting the synergies between NORSACA's service wings. He played a significant role in the finance arrangements for Harby Lodge and in the negotiations for the purchase of Tall Trees. He is much missed and we extend our condolences to his family.

Some changes have taken place on the Council of Management. I must first welcome Maggie Lyons who was elected as a Trustee at the AGM and say goodbye to Michael Flanagan. Maggie has had a long association with NORSACA and I am sure her experience will prove valuable to us. Michael has moved south and can no longer attend meetings. We will miss his commonsense approach and thank him for his past contributions.

None of the many achievements chronicled in this Review would have occurred without the dedication, skill and experience of our staff. They work tirelessly on the Society's behalf, directly serving the needs of children and adults with autism and their families. The Council of Management and the two Management Committees join with me in expressing our gratitude to all of the Society's staff for their contribution during the year.

We still have much to do and much to learn but in the meantime I thank you for your continuing support.

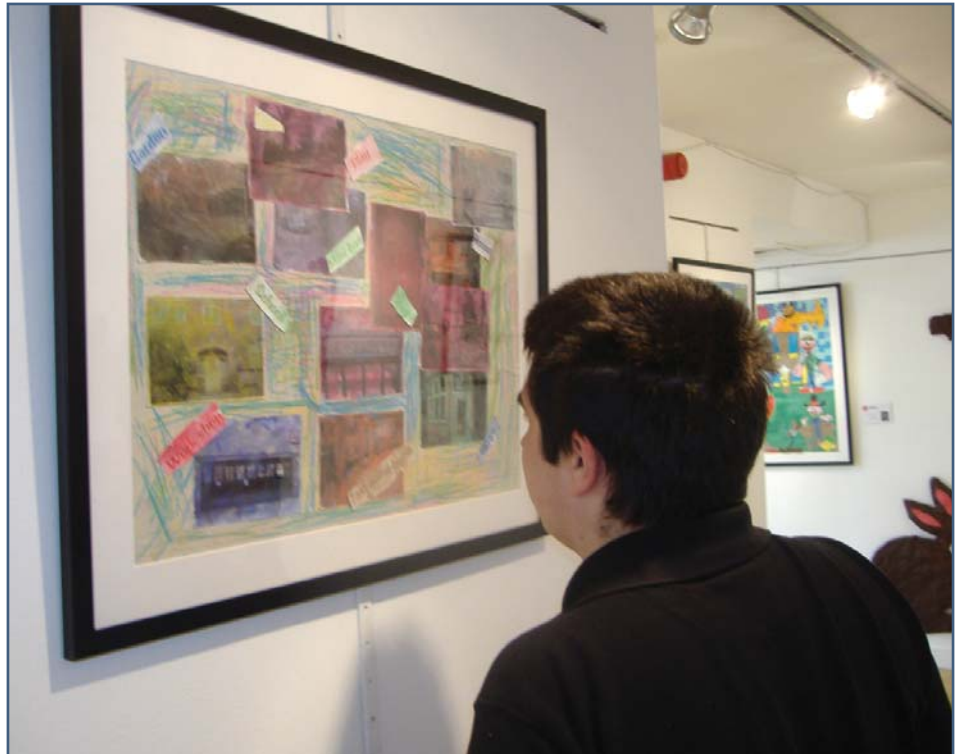
Keith Doble

Chairman of Council of Management

■ An Overview of 2008-09

The following is a short summary of NORSACA's activities and achievements during the 2008-09 financial year.

- Educated 90 pupils at Sutherland House School
- Sutherland House School was designated a Specialist School in September 2008
- The Elizabeth Newson Centre provided 36 assessments of children with communication difficulties
- 33 learners attended Whitegates College
- Provided residential care for 44 people in six homes in the Nottinghamshire and Derbyshire region
- Adult Services' Outreach Services underwent an unannounced visit from the Care Quality Commission. The results of the inspection were three star and excellent, and the service was praised widely. A relative commented to the inspectorate, *'I have nothing but good to say about this service, they are excellent'*
- Provided group supported living with twelve places in three houses in Derbyshire
- Delivered 105 day service placements from a range of sites throughout the region
- Worked with 63 families across five authorities to deliver outreach support services
- Provided short breaks services to ten children and their families in Derbyshire
- Sutherland House Children's Services staff provided 22 training courses for professionals and parents
- Adult Services training department ran more than 150 events and delivered bespoke training to other agencies
- Family Services co-ordinated and supported 24 training courses and workshops for professionals and families
- Ran the annual siblings' group and play scheme
- Provided our telephone advice service to 241 parents and carers



■ NORSCA's Strategic Objectives

In 2005, NORSCA produced a six-point strategic plan. Our progress towards these objectives is listed over these two pages.

Objective 1: To continue to extend and improve the range of services provided by the Society to people with autism

Harby Lodge was opened in February 2009, providing an additional ten places across Sutherland House School. Specialist Designation enabled the school to extend its provision including Sensory Occupational Therapy support, Home Support Service and Work Related Learning Experiences.

Adult Services continued to extend and improve its provision by acquiring new premises at Tall Trees, Retford and Mundy Street, Heanor, and refurbishing additional accommodation at Raines Avenue, Worksop. Whitegates College increased its numbers once again and Outreach Services became available to children in Derbyshire.

This year saw the start of the Retford Parent/Carers monthly drop-in service. In March we appointed a new Play Coordinator to develop further play opportunities as part of the NORSCA Short Breaks strategic initiative.

Objective 2: To develop high quality services through strategic partnership working

We continued to build very effective links between Children's Services and Nottinghamshire Local Authority. This year they extended to the Key Stage 1 pilot to support children with an ASD, and contributed to the Nottinghamshire Inclusion Development Programme. Meetings with Derbyshire Local Authority continue to underpin working relationships. Links with Nottingham City Local Authority are also being developed. Specialist designation has given excellent opportunities to develop partnerships.

Adult Services continued to build effective strategic relationships. Our response to the 'Aiming High' initiative came about as a result of a partnership with Derbyshire County Council Social Services. The ongoing successful partnership between West Notts College and Whitegates College has made a major contribution to improving quality. Partnerships have been established with Progress Housing Association and NCHA to facilitate Supported Living. The successful summer play scheme partnership with Rosehill School has continued.

Objective 3: To ensure the continued improvement of all areas of the Society's work through the adoption of recognised and validated procedures for quality assurance

Sutherland House School had a very successful National Autistic Society Accreditation Review in October 2008. A number of areas of good practice were highlighted, endorsing the quality of the school's provision.

All Adult Services that underwent assessment continued to rate highly.

Adult Services HR and Training and Administration Departments are introducing the Matrix Quality Assurance system which is also being implemented in Central and Family Services at Park Hall Autism Resource Centre.

The Family Services Principal Officer is General Social Care Council (GSCC) registered and our Counsellor is registered with the National Council of Psychotherapists.

Both members of the Fundraising and Communications team are members of the Institute of Fundraising.

Nicholas and Karen Wilkinson at the
Whitegates College annual Awards Presentation

Objective 4: To create a financially robust organisation, with sufficient income and reserves to sustain and develop our services

Specialist designation and Department for Children, Schools and Families (DCSF) grants have enabled Sutherland House School to extend hi-tech communication technology, increase ICT hardware and software, and provide a Multi-Sensory Learning Environment and Therapy Block.

Monthly reconciliation figures confirm that Sutherland House Children's Services continues to operate within agreed expenditure.

The long term strategy implemented three years ago has come to fruition with the actual improved financial performance of Adult Services being some £41,000 better than budgeted. This year, Adult Services has made a significant contribution towards the overall financial health of the Society.

This year has seen an increase in support from the local community and the development of additional ways to support NORSACA such as selling goods on the online auction site Ebay.

Objective 5: To develop robust governance and management structures

The implications of the extended role of the school – which includes outreach, training, specialist designation and short breaks – on the management team have been considered and are being addressed in a phased way.

A School Improvement Partner (SIP) has been engaged by the school this year, as part of the DCSF and National Association of Special Schools (NASS) pilot.

Adult Services has further strengthened its Senior Management Team through the appointment of Andrea Hunter as Assistant Director of Residential and Supported Living Services. The expansion of Day and Outreach Services has also led to additional management appointments.

Our patrons, Nicholas and Karen Wilkinson have become increasingly involved, Nicholas being co-opted onto the Management Committee and Karen having agreed to become a member of the Whitegates College Governors.



Objective 6: To raise the profile of the Society and communicate our aims, values and achievements to stake holders and the wider community

A series of successful events marked NORSACA's 40th Anniversary.

Whitegates College held the annual presentation of student awards and hosted a transition information morning where all aspects of Adult Services were represented. Adult Services have continued to make a significant contribution to high quality publicity and publications such as the Good Autism Practice Journal. In May 2008 an excellent article was published on students' experiences accessing mainstream further education with support from Whitegates College.

NORSACA was featured in over 25 newspaper articles and radio interviews over the year. Family Services has continued to provide displays and information at a number of events for parents and professionals.

Sutherland House Children's Services

It has been an exciting and very busy year for Sutherland House Children's Services. In October the school had a very successful NAS Autism Accreditation Review. This was a full review, covering 17 core standards and 12 specialist standards. The outcome was very positive, highlighting areas of good practice and making recommendations for further development.

Katie Spikings undertaking work experience at Stonebridge City Farm Café: *'I liked cooking curry'*



Comments included:

- The review team regard the culture of research, data analysis and honest self evaluation (which ensures that the school remains a dynamic, thriving and forward looking institution) as an area of good practice.
- Adult-peer relationships were seen to be consistently characterised by calm, positive interaction and an appropriate use of prompting and effective questioning to encourage independence and problem solving skills. The Review Team consider this approach to be an area of good practice within the school.
- The review team consider that Music Interaction and Personal Tutorials (whilst based on methodology which is familiar to many practitioners in the field of autism) are delivered with a rigour and sense of purpose that the review team consider to be impressive.

Considerable thought is put into ensuring that these approaches are not diluted by ensuring that staff are properly trained and supervised

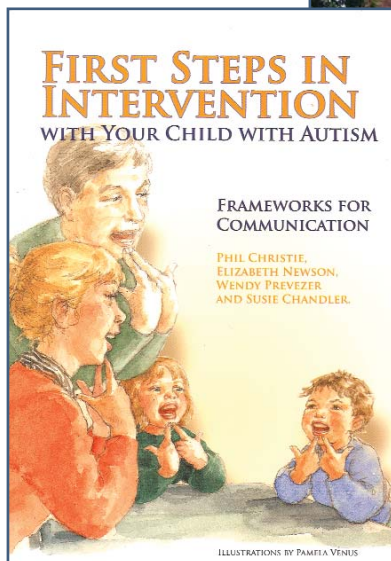
and sessions are appropriately resourced. The review team consider this an area of good practice in the school.

- The school acts as an effective gateway to a comprehensive range of services, professional advice and provision which is of significant benefit to pupils and their families and is an area of good practice.

Adam Shears undertaking work experience at the Promotional Displays and Sign Company: *'I liked putting the labels on'*



Below: Harby Lodge



- The review team recommend that as part of the on-going work that is being carried out within the school, the Sensory Working Party consider ways of ensuring that, for those pupils who have not undergone a specialist sensory assessment, all teachers have the confidence and level of understanding to use sensory profiles to inform day to day teaching and behaviour management.

February saw the culmination of plans to extend the school's provision, with

the opening of Harby Lodge. The move was extremely well planned and this ensured a smooth transition for students. Thanks are due to the Upper School staff for all their hard work.

Harby Lodge is of a very high quality, and we are extremely pleased with the space, the resources and the ambience that the building affords.

It is pleasing to report that the booklets for parents, written as part of the 'Frameworks for Communication' project at the Elizabeth Newson Centre, have now been published by Jessica Kingsley in a single book. This will enable them to reach a much wider audience both in the UK and further afield.



During the spring, Lower School arranged a residential educational visit to **Lea Green** in Derbyshire. Pupils enjoyed a range of outdoor and adventurous activities including den building, a stream walk, a campfire and rock scramble. This was a mixture of day and overnight stays for 25 pupils. It was a very positive experience for all, and for some pupils it was the first time that they had spent a night away from home.

'Sam especially enjoyed his opportunity to go to Lea Green – the first time he has been on holiday without his family.' – A parent

Participants said:

'... it was good, I did climbing like Spiderman.'

'I put on a hard hat to go on the climbing ropes.'

'I like staying at the cottage and visiting the Leisure Centre...'

■ Adult & Further Education Services



The **Service User Study Group** was established in February 2007 and has made great progress in having a substantial input into areas of the service management and delivery. The group has made a significant contribution to staff recruitment with their part in the review of staff job descriptions, to include qualities they know to be vital. One of the group's major successes was their involvement in the appointment of Andrea Hunter, Assistant Director of Residential and Supported Living. The group has also produced a DVD explaining their role which is to be presented at a conference across all areas of Adult Services. Through the group, the voice of our clients has become increasingly instrumental in helping us deliver the service they choose.

In line with the commitment to meet its strategic objectives, Adult services extended its Day Service Provision by commissioning and opening new facilities at 91/93 Raines Avenue, Worksop.

The facilities have undergone an extensive refurbishment which, along with the ongoing development of Tall Trees at Retford, means the potential to increase the number of day service placements in the North of the region from 37 to 65. The operational management team has been increased by two managers to respond to demand in this area.

In the South, premises at Mundy Street, Heanor are currently being refurbished to accommodate

additional places to those at Hogarth House, increasing the number of places from 12 to 25.

Whitegates College held the first adults transition information morning which was a forum for learners, parents/carers, Day and Outreach, Family and Residential Services to help plan future destinations. The event was so successful it has become a regular part of the College calendar. A Transition Co-ordinator has been appointed to the College to work with learners and support them in their transitions.

Outreach Services have been involved in the 'Aiming High' initiative funded by Derbyshire County Council Social Services to extend outreach services

Whitegates held a 21st anniversary barbecue which was well attended and enjoyed by all, attracting a wide range of guests from residents, staff and parents.



Students from Whitegates College visiting the media and photography museum at Bradford

to children in the county. In the initial phase, ten children and families accessed this service, which gave much needed outreach support to all involved. Support ranged from using public transport, preparing snacks

and drinks, developing communication skills and providing support in children's own homes. Future developments are planned to extend the service across Nottinghamshire and Derbyshire.

In January two members of staff at Beechwood, one of our residential care homes, held a **sponsored slim**. Deborah Beckett and Neville Cook each lost two stones by the end of March and raised a total of £630. The money was used to buy a widescreen TV and a Wii games console. The residents at Beechwood love the new TV and get great enjoyment from the wide variety of Wii games.

Dave Austick, resident at Beechwood using the Wii games console.



Parents' comments included – *'The support is greatly appreciated and the team is excellent, knowledgeable and have our full confidence' and 'Thank you so much. We get some 'us time' and our son gets to do what he likes and he loves to tell us about it. It's a real teenage thing for him. He does things like his sister now.'*

NORSACA's response to the government initiative 'In Control' was launched in February which outlined how, in the future, service users and their families will be allocated personal budgets and the choice of which services to buy. It is envisaged that this will impact greatly on all aspects of our Services and we are actively preparing for this challenge.

The Autism Quality Networks review process was itself formally reviewed and evaluated by Manchester Metropolitan University. The research we commissioned established that in its five years, the review process has had a positive impact on our work.



My life, my choice – working towards supported living

– Richard Taylor

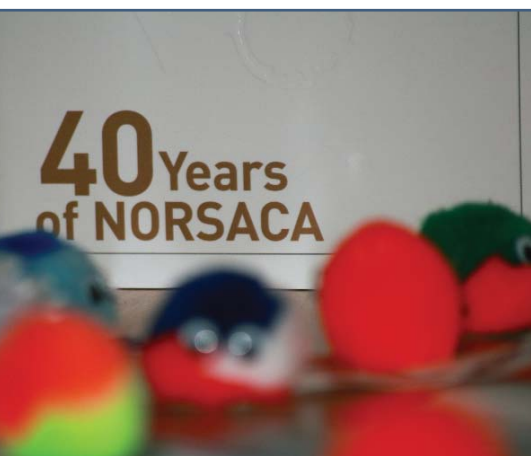
'I have been working towards supported living for some years while living at Carlton Road. Through the 'my life, my choice' booklet I have been given the choice of where I would like to live. I have attended a meeting with my parents, we all sat down together and discussed all the different types of accommodation and amenities that should be provided. We also discussed the money side as well. We visited some flats and I thought they were excellent. I feel very pleased that I am being given the opportunity to move into accommodation that I have been able to choose for myself.'

Richard is working towards shared ownership of a property which he will have the opportunity to purchase for himself.

■ 40th Anniversary Events

2008 marked NORSACA's 40th anniversary of helping people with autism. We celebrated our birthday with events held throughout the year.

A commemorative booklet, '40 Years of NORSACA', was published and distributed to staff, members and supporters. The booklet recounted NORSACA's progress over the last forty years aligned with major news events, giving us an interesting global framework on which to pin our achievements.



On 9th April pupils and staff from Sutherland House School staged a truly amazing drama and music performance at the Djanogly Recital Hall. This was a fantastic achievement for all the pupils, on many different



levels. Not only did they rise to the occasion and respond to a large audience in a formal and unfamiliar venue, but they really enjoyed themselves and this shone through during the event. We are all extremely proud of them.

On the evening of the 21st April, Luke and Jacqui Jackson gave a talk about sensory issues and their family's experience of autism. The sell-out talk was a huge success. Feedback included: *'It has reminded me of the importance of understanding an individual's sensory needs'* and *'a valuable insight into the life of someone living with autism and how the whole family are affected'*.

A national conference entitled 'Quality of Life for People with Autism' was held

on 15th May. It was underwritten by the generosity of our patrons Nicholas and Karen Wilkinson. The conference was chaired by Sally Magnusson with an opening speech from Nicholas Wilkinson. The keynote speakers Luke Beardon, Andy McDonnell and Peter Kinsella gave presentations in the morning session. The afternoon was a series of workshops covering a wide range of topics. Some of the delegate feedback included *'An exceptional day full of constructive content'* and *'fantastic presentations that challenge stereotypical beliefs and practices'*.

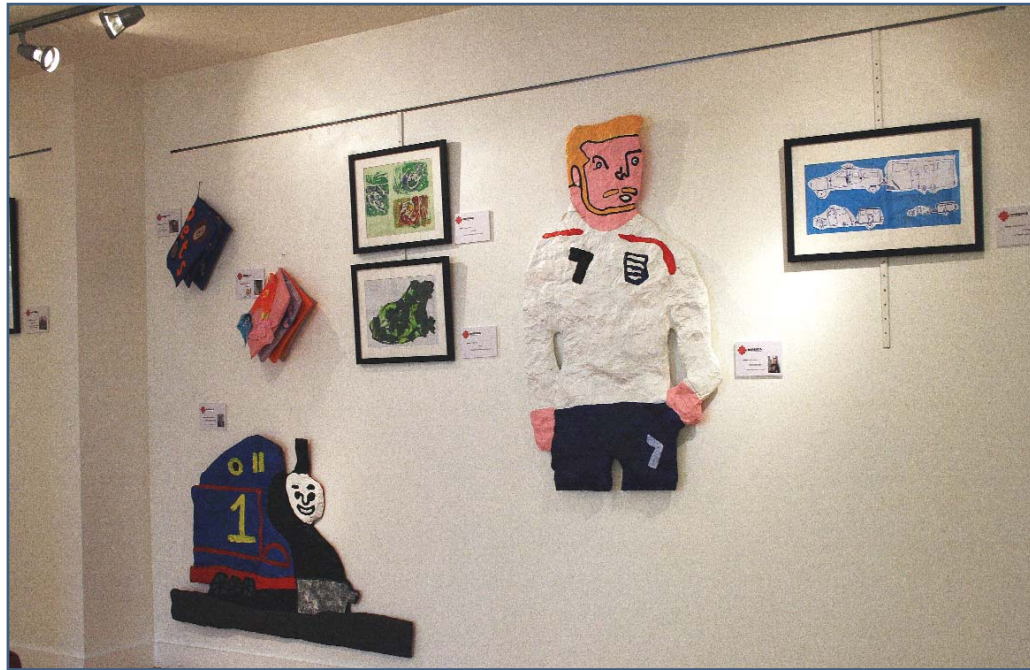


Throughout the summer, our supporters held birthday parties in their own homes and gardens. These parties both helped raise awareness and funds for our work. Our thanks go to everyone who organised or attended a birthday party.

In September we hosted a sell-out talk by author Donna Williams giving an insight into her life with autism and information on how to make homes more autism-friendly. Feedback from attendees included *'opened my eyes, made me realise that it's not my children who need to change, it's me and society'* and *'a huge insight into an amazing autistic mind – brilliant!'*

In October Sutherland House Children's Services held a successful conference on '40 Years of Developments in Autism'. Speakers included Richard Mills reviewing how autism has been understood, Dr Glenys Jones giving an overview of educational issues, Phil Christie talking about developments within Sutherland House School and the parent of three boys with autism talking about her experience of the condition.

Also in October, wonderful artwork produced by students from Sutherland



House School and Whitegates College was exhibited at View from the Top Gallery in Waterstones in Nottingham. The exhibition was attended by many members of the public and was a wonderful way to promote the successes, achievements and abilities of NORSACA and everyone we work with.

The celebrations delivered all that they promised. Everyone involved was justifiably proud of the Society's achievements, both recently and over the last forty years.



■ Central Services

As this is the first time Central Services has featured in the Annual Review, it makes sense to start with an overview of what our function is within the Society.

Broadly speaking, Central Services, based at Park Hall in Bestwood Village, is the 'hub' of the organisation as a whole. It provides administrative and finance support for the service departments and acts as a central location for meetings.

The main functions carried out in Central Services are:

- Supporting the membership with information such as the newsletter
- Supporting the Council of Management by, for example, arranging, preparing for and minuting meetings
- Finance functions such as raising invoices, paying staff and suppliers, preparing management information and monitoring budgets
- Ensuring that the charity's legal requirements are met
- Overseeing the corporate identity of the charity
- Providing information on autism and services to interested parties and the general public



Central Services shares Park Hall with Nottinghamshire County Council's Inclusion Support Services, and is instrumental in developing the relationship that we enjoy with this Authority.

Park Hall has two large meeting rooms, which are used, by both NORSACA and Nottinghamshire County Council, for:

- Training
- Conferences
- Internal staff meetings
- High profile meetings with external bodies

- The Annual General Meeting and trustee meetings

The smaller of the two rooms was refurbished to a high specification this year, and there are plans to develop the larger conference room in a similar way next year.

Finally, it is with great sadness that we report that Hartley Humphreys passed away in January 2009. He played a large role in developing the finance, fundraising and management information systems of the organisation and is greatly missed.

■ Family Services

In March 2009 we received our final funding from the Parenting Fund. This funding started in 2004/5 with a focus on supporting and developing services to parents in and around Nottingham City.

The funding allowed us to provide a range of courses and workshops for over 200 parents in this year alone, and well over one thousand parents since its inception. We have worked in partnership with the City Autism Team, Parent Partnership, ADHD Solutions and Health staff to provide a range of courses this year which have included the continued series of workshops for Asian Families with sessions ranging from Music Interaction, Communication, Strategies for Difficult Behaviour and Relationships with Teenagers. There have also been opportunities for open forum discussions and social events which have proved popular such as a local cinema trip, opportunities to share food and a trip to the pantomime.

'Hints, tips, strategies, hope and inspiration'
Parent feedback

In the more general programme of Parenting Courses we have provided an Introduction to Autism, 123 Magic (for parents of children with a dual diagnosis of ADHD and autism), a Survivor's Guide to Autism and Difficult Behaviour, Understanding Difficult Behaviour, Autism in the Primary Years, Make It and Take It (a workshop on making practical communication aids), and Supporting Young People with Personal Relationships.

We have also had the opportunity to arrange talks from a number of well known speakers on autism, including Luke and Jacqui Jackson and Donna

Williams who spoke as part of our 40th anniversary celebrations.

Although our formal funding has come to an end, the final round of funding will allow us to equip and open a permanent Parent Education Resource Base at Park Hall in the next year. This will provide a dedicated space for the parent lending library, the loan of small sensory equipment and opportunities to research information online. The provision of Parent Courses and Workshops remains a high priority and further funding is being pursued to ensure that these are continued and extended for the future.



'Greater understanding, valuable first hand experience'
Parent feedback

■ Fundraising & Communications

Over the year, applications were submitted to funders for a number of projects. These included our annual summer play scheme and siblings group, the weekly swimming sessions for our members, a research project into the use of high-tech communication aids and the refurbishment and equipping of Harby Lodge, the new site for Sutherland House School.

Funders that made donations towards the costs of Harby Lodge included the Albert Hunt Trust, the Safer Environment Fund, the Puri Foundation, the Beatrice Laing Trust, the Wolfson Foundation, the Winnifred Potter Charitable Trust and the Baily Thomas Charitable Fund. These applications raised almost £150,000 towards the project.

As part of our 40th anniversary celebrations our members, supporters and friends were asked to organise birthday parties and barbecues over the summer. The parties were a wonderful way to raise awareness of autism and NORSACA and to raise funds for our work.

We would like to thank everyone who organised or attended an event. We are also grateful to the Browne Jacobson Charitable Trust who covered the costs of organising and running the 40th anniversary art exhibition which took place at View from the Top gallery. Our patrons, Nicholas and Karen Wilkinson very kindly agreed to cover the costs of running the Adult Services 40th Anniversary Conference, which was held on 15th May 2008.

As always, we are extremely grateful to all of our supporters who held fundraising events through the year. These included:

- Colin Draper who walked from Mansfield to all five Sutherland House School sites and raised over £770
- Michelle Nichols who organised a musical event and raised £700
- Jean North from Kings Clipstone who organised another garden party and raised almost £600

We were selected as one of the charities to benefit from the Mapperley Park Garden Trail. The generous visitors to the gardens raised £1,530 on the day.

We would like to thank all those who entered running events such as the Great North Run and the Robin Hood half marathon.

We would also like to thank everyone who has supported us over the year through purchasing prize draw tickets, calendars and Christmas cards, selling goods on Ebay and recycling their mobile phones.



The Whitegates sponsored walk which raised £500 in May 2008

■ Supporters

NORSACA is grateful for the generous support received from individuals, charitable trusts, companies and community organisations through volunteering, donations of goods and money and sponsorship.

Our supporters included:

- Albert Hunt Trust
- Amanda Lee Charitable Trust
- Baily Thomas Charitable Fund
- Beatrice Laing Trust
- Boots Charitable Trust
- Bovis Lend Lease
- Browne Jacobson Charitable Trust
- Carlton on Trent and Sutton on Trent History Society
- Central Networks Safer Environment Fund
- Charles Littlewood Hill Trust
- Clifton Methodist Church
- Coutts Charitable Trust
- E.ON UK plc
- Enid Blyton Trust for Children
- First Data, Nottingham
- Forman Hardy Charitable Trust
- Harbourne Orchestra

- Hudsons Music Store, Chesterfield
- Jessie Spencer Trust
- Long Eaton Ladies Circle
- Mapperley Park Garden Trail
- Melton Mowbray Building Society Charitable Foundation
- Nicholas and Karen Wilkinson
- Puri Foundation
- Rothera Family Charitable Trust
- Sir Arthur Black Charity
- Sir John Eastwood Foundation
- Sir John Sumner's Trust
- Sir Norman and Lady Adsetts
- Tesco Charity Trust
- Thomas Farr Charity

- Trent RAG
- Victoria Centre
- Whitaker Charitable Trust
- Winnifred Potter Charitable Trust
- Wolfson Foundation

In memory of:

- Barbara Edith Crane
- Irene Mary Shenton

Bob and Carol Turnbull present Darren Worthy with a cheque for £390 raised through a raffle



■ Treasurer's Report 2009

As usual, I will try to highlight those details that are not available from the abridged accounts, or even a full set of the audited accounts. Some of these details can be gleaned from the income and expenditure accounts for all of the Society's departments. The auditors have certified these accounts, and the Strategy Working Group, the Management Committees and the Council of Management have discussed them. Members can obtain copies from the Society Office.

Regarding administration and fundraising costs, the administration costs were again low, being less than 1% of total costs. Although fundraising costs increased this year, the percentage of total costs they represented dropped to under ½%, while yet again donations more than doubled over the previous year to £190k.

Central and Family Services, which is financed almost entirely by headquarters charges, internal rents, subscriptions, bank interest, the 10% of donated income, grants for specific projects and the Counselling scheme, again just about broke even.

Of Sutherland House Children's Services, the Elizabeth Newson Centre made a surplus of £11.7k. However, the furnishing and equipping (partly paid for by a large capital grant) of Harby Lodge, the new secondary department, led to a total school deficit of £80k. The surplus generated the previous year of £106k easily accommodated this.

The adult sector produced a reasonable trading surplus of £67k, a significant improvement on the previous two years. The service has been diligent in making cost efficiencies, but has still produced a high quality service. The surplus generated this year will be used to develop additional service provision in the coming year.

Dr G F Paechter
*Honorary Treasurer
and Company Secretary*

Statement of Financial Activities

The following is an extract from the financial statements for the year ended 31 March 2009, and may not contain sufficient information to allow a full understanding of the affairs of the Society. The full financial statements may be obtained from the Park Hall Autism Resource Centre, Park Road, Bestwood Village, Nottingham, NG6 8TQ.

	Unrestricted Funds (£)	Restricted Funds (£)	Total 2009 (£)	Total 2008 (£)
INCOMING RESOURCES				
Generated funds:				
Donations	17,526	172,484	190,010	71,121
Grants	-	42,605	42,605	108,337
Subscriptions	949	-	949	3,039
Investment income	48,049	504	48,553	43,733
Charitable activities:				
Grants	-	491,122	491,122	111,167
Provision of services	10,445,340	-	10,445,340	9,501,142
Other incoming resources:				
Other income	29,761	-	29,761	11,527
TOTAL INCOMING RESOURCES	10,541,625	706,715	11,248,340	9,850,066
RESOURCES EXPENDED				
Costs of generating funds	48,424	-	48,424	40,281
Charitable activities	10,456,246	274,968	10,731,214	9,524,790
Governance costs	80,011	-	80,011	92,536
TOTAL RESOURCES EXPENDED	10,584,681	274,968	10,859,649	9,657,607
Net (outgoing)/incoming resources before transfers	(43,056)	431,747	388,691	192,459
Transfer between funds	581,417	(581,417)	-	-
NET MOVEMENT IN FUNDS	538,361	(149,670)	388,691	192,459
Total funds brought forward	2,744,088	254,736	2,998,824	2,806,365
Total funds carried forward	3,282,449	105,066	3,387,515	2,998,824

Balance Sheet at 31st March 2009

	2009 (£)	2008 (£)
FIXED ASSETS	<u>4,107,086</u>	<u>3,666,532</u>
Tangible assets		
CURRENT ASSETS		
Debtors	2,103,031	1,470,057
Cash at bank and in hand	<u>618,278</u>	<u>1,026,195</u>
	2,721,309	2,496,252
CREDITORS:		
Amounts falling due within one year	<u>(2,234,490)</u>	<u>(2,125,034)</u>
Net current assets	486,819	371,218
Total assets less current liabilities	<u>4,593,905</u>	<u>4,037,750</u>
CREDITORS:		
Amounts falling due after one year	<u>(1,206,390)</u>	<u>(1,038,926)</u>
NET ASSETS	<u>3,387,515</u>	<u>2,998,824</u>
FUNDS		
Restricted funds	105,066	254,736
Other retained funds	<u>3,282,449</u>	<u>2,744,088</u>
TOTAL FUNDS	<u>3,387,515</u>	<u>2,998,824</u>

■ Council of Management – March 2009

- **Patrons:** Sir Norman and Lady Adsetts, John and Elizabeth Newson and Nicholas and Karen Wilkinson
- **Chairman:** Keith Doble
- **Vice-Chair:** Margaret Reeve
- **Hon. Treasurer and Company Secretary:** George Paechter
- **Additional Members:** Judith Bateman, Owen Gray, Matt James, Margaret Lyons, Thomas Madar, Steve Pearce, Richard Reeve, Jon Shenton, Chris Thacker, Ken Udall
- **Director of Sutherland House Children's Services:** Phil Christie
- **Director of Adult and Further Education Services:** Fred Parsons

■ Our Contact Details

■ Sutherland House Children's Services

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■ Email:

ravenshead@sutherlandhouse.org.uk

■ Adult and Further Education Services

Eastwood House
10 Mill Street
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Derbyshire S43 4JN

■ Tel: 01246 810 101

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■ NORSACA (Central and Family Services and ECAP)

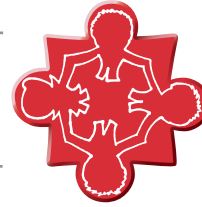
Park Hall Autism Resource Centre
Park Road, Bestwood Village
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■ Tel: 0115 976 1805

■ Fax: 0115 976 1356

■ Email:

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NORSACA
quality of life for people with autism



www.norsaca.org.uk

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