



**NORSACA**  
quality of life for people with autism

**19 March 2009: For Immediate Release**

**'Best Practice in Nottinghamshire' - Find out what help is available on World Autism Awareness Day**

To mark the 2<sup>nd</sup> annual World Autism Awareness Day, regional autism charity NORSACA has organised a one day conference for parents, carers and young people (aged 16+) and adults with Autistic Spectrum Disorders.

The keynote speaker is Professor Digby Tantam, a specialist in Asperger syndrome. Workshops will discuss a number of topics including employment, supported living and supporting relationships.

The conference is taking place on the 2<sup>nd</sup> April, at Park Hall Autism Resource Centre, Park Road, Bestwood Village, Nottingham between 9.30 am and 4.00 pm. Tickets for the conference are on sale now from NORSACA.

Linsey Atkins, Principal Officer for NORSACA Family Services said: "This is the first time that parents, carer's and people with Asperger Syndrome have had the opportunity to come together to find out about the developments locally that could help and assist them".

For more information please call NORSACA on 0115 976 1805 or email [norsacaadmin@btconnect.com](mailto:norsacaadmin@btconnect.com).

**- Ends -**

**Note to Editors:**

NORSACA (Nottingham Regional Society for Adults and Children with Autism) is a registered charity (No. 517954) and a company limited by guarantee (No. 2053860). The Society was started on the initiative of a group of parents in 1968 and today is still led by the parents and friends of people with autism.

Each year NORSACA delivers services to over 600 people with autism, or affected by autism. The people who benefit from NORSACA's work principally come from the East Midlands and South Yorkshire.

Autism is a complex, life-long disability which affects the development of communication, social and life skills.

For more information on NORSACA please visit: [www.norsaca.org.uk](http://www.norsaca.org.uk)

For more information on World Autism Day please visit:  
[www.worldautismawarenessday.org](http://www.worldautismawarenessday.org)

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