



**NORSACA**  
quality of life for people with autism

**24 May 2010 - For Immediate Release**

**Walk to raise funds for autism centre**

People with autism from Worksop will be raising funds for a sensory garden. They will be taking part in a fundraising walk around Clumber Park on the evening of Wednesday 26 May.

The walk will raise funds for a sensory garden at Whitegates care home on Sparken Hill which is run by autism charity NORSACA.

Whitegates cares for 12 adults with autism, whose condition means that they require 24 hour care from highly qualified and well-trained staff.

Andy Beech, Manager of Whitegates, said *"The walk is a great way to raise funds to cover the costs of a sensory garden. The sights, sounds and smells of the garden will be a calming, peaceful environment for individuals with autism."*

The 4 mile walk will begin at the car park at Clumber Park and follow the edge of the lake.

Within Worksop, NORSACA's services for people with autism include care homes, independent living units, day services and a further education college.

For more information on the work of NORSACA and how to support the charity please visit [www.norsaca.org.uk](http://www.norsaca.org.uk).

- **Ends** -

**Note to Editors:**

NORSACA (Nottingham Regional Society for Adults and Children with Autism) is a registered charity (No. 517954) and a company limited by guarantee (No. 2053860). The Society was started on the initiative of a group of parents in 1968 and today is still led by the parents and friends of people with autism.

Each year NORSACA delivers services to over 500 people with autism, or affected by autism. The people who benefit from NORSACA's work principally come from the East Midlands and South Yorkshire.

Autism is a complex, life-long disability which affects the development of communication, social and life skills.

**For further information contact:**

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