



NORSACA
quality of life for people with autism

14 May 2010 - For Immediate Release

Walk to raise funds for autism centre

Young people with autism will be raising funds for a Heanor based centre by taking part in a fundraising walk around Shipley Park on Tuesday 25 May.

The walk will raise funds for sensory equipment at the Mundy Street Day Services centre in Heanor which is run by the charity NORSACA. The centre helps young people with autism to develop the day to day life skills that many of us take for granted. Activities offered include cookery, pottery, gardening, work experience and a personal and social education group which helps people practice useful skills such as managing money and reading timetables. In addition, the staff at Mundy Street also organise external activities such as horse riding, badminton and swimming.

The walk was the idea of Yvonne Patterson whose daughter Aimee attends the centre. Yvonne said *"Aimee has a great time at Mundy Street and really benefits from the support of the dedicated staff at Mundy Street. Organising this lets us show how much we appreciate the support we get."*

The walk will begin at the Shipley Park visitor centre, going past the cricket ground and on to Mapperley Reservoir before returning to the visitor centre via Bell Lane.

Julie Briggs, Manager of Mundy Street said, *"The walk is a great way for our students to get involved in raising funds to buy equipment that they will be able to use everyday."*

For more information on the work of NORSACA and how to support the charity please visit www.norsaca.org.uk.

Photocall

10.00am on Tuesday 25 May at Shipley Park Visitor Centre, Slack Lane, Heanor, DE75 7GX. Photos will be available of young people and staff from Mundy Street Day Services centre, including Yvonne, Aimee and Julie as they begin their fundraising walk. Contact on the day: Julie Briggs – 07747 812 951.

- Ends -

Note to Editors:

NORSACA (Nottingham Regional Society for Adults and Children with Autism) is a registered charity (No. 517954) and a company limited by guarantee (No. 2053860). The Society was started on the initiative of a group of parents in 1968 and today is still led by the parents and friends of people with autism.

Each year NORSACA delivers services to over 500 people with autism, or affected by autism. The people who benefit from NORSACA's work principally come from the East Midlands and South Yorkshire.

Autism is a complex, life-long disability which affects the development of communication, social and life skills.

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